

Sarah's Tea Time

Sarah Amos

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At Aunt Mary's farmhouse, Leigh Court in Gloucestershire, tea time was a daily occurrence at 5:00 p.m. You could set your watch by it! Leigh Court was a dairy farm and everyone had been up and working since early morning. Breakfast was served at 8:00 a.m. and dinner was at 1:00 p.m. Both were robust meals. Tea was the last meal of the day.

Everything stops for tea-and we don't just mean a cup of tea. In this charming little book, Victoria artist Sarah Amos shares the traditions of afternoon tea with recipes and stories brought over from her early years of British farm life. Enjoy a buttermilk scone, pecan rum square or a slice of almond cake and sit around the dining table with family and friends over endless cups of tea. At the heart of the book are Amos' own classic recipes, thoughtfully illustrated with her exquisite and vibrant artwork that has been created over the past 25 years. Both practical and delightful, Sarah's Tea Time is a book about heart and home.



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