



The Magic Kitchen Cookbook

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With Disney characters leading the way, kids will love this introduction to cooking, kitchen basics and healthy eating. Each of the more than 50 recipes are written as basic, step-by-step directions specifically developed for young cooks. The colorful cookbook features kid-friendly recipes from tacos to pizza that were formulated to be lower in fat and sugar, and rich in fruits, vegetables, and whole grains while still tasting yummy. The cookbook also provides energy burning activities as well as fun food facts.



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Lois Araiza:

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