



29 Gifts: How a Month of Giving Can Change Your Life

Cami Walker

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At age thirty-five, Cami Walker was burdened by an intensified struggle with multiple sclerosis, a chronic neurological disease that left her debilitated and depressed. Then she received an uncommon “prescription” from South African healer Mbali Creazzo: *Give away 29 gifts in 29 days.*

29 Gifts is the insightful story of the author's life change as she embraces and reflects on the naturally reciprocal process of giving. Many of Walker's gifts were simple—a phone call, spare change, a Kleenex. Yet the acts were transformative. By Day 29, not only had Walker's health and happiness improved, but she had created a worldwide giving movement. *29 Gifts* shows how a simple, daily practice of altruism can dramatically alter your outlook on the world.

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Reading can called imagination hangout, why? Because if you are reading a book particularly book entitled 29 Gifts: How a Month of Giving Can Change Your Life your head will drift away trough every dimension, wandering in every single aspect that maybe not known for but surely will become your mind friends. Imaging each and every word written in a guide then become one application form conclusion and explanation in which maybe you never get before. The 29 Gifts: How a Month of Giving Can Change Your Life giving you a different experience more than blown away your brain but also giving you useful facts for your better life with this era. So now let us teach you the relaxing pattern is your body and mind is going to be pleased when you are finished reading it, like winning a sport. Do you want to try this extraordinary investing spare time activity?

Daniel Carter:

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