



Pagan Bushcraft

Sean 'The Ad Caveman' Young

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EXPLORING THE LINKS BETWEEN BUSHCRAFT AND PAGANISM, WHETHER HISTORICAL OR MODERN So synonymous has bushcraft become with survival skills, the two are often considered one and the same, but to what extent is this the case? Hi my name's Sean 'The AD Caveman' Young, and it's my belief that, far from living each day spent teetering on the edge of survival, our ancestors were rich in culture, spirituality, and harboured a deep love of celebration - just as many still do today. In this manual, I want to explore these traditions by helping you learn some of the skills necessary to carry them out for yourself. In this book, you'll learn how to: - Make fire using a 5,300 year old fire making kit - no matches included; no matches necessary. - Construct your own holly wreath in the winter and May queen head dress in the spring - celebrate the land by working within it. - Make your own string from plants such as nettles and lime (the fibre used by the Vikings for the rigging of their longships). - Carve your own rock art - just like the men and women of the palaeolithic and beyond. - Make your own hazel stick pentagram - a great decoration for your home and an important symbol in Wiccan traditions. - Lay a fire like a Saxon - and learn how using their skills can help you build fires for your own outdoor gatherings. - Carve your own magic wand - incantations not included. - Care for the land, and learn to keep it safe for future generations. Whether interested through historical curiosity or through a desire to recreate a connection with the land today, this book has something to offer for all. Let's get bushcrafting! Pagan bushcrafting!

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