



Adult Coloring Journal: Co-Dependents Anonymous (Safari Illustrations, Ladybug)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

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This Adult Coloring Journal: Co-Dependents Anonymous (Safari Illustrations, Ladybug) book is just not ordinary book, you have after that it the world is in your hands. The benefit you have by reading this book is actually information inside this guide incredible fresh, you will get info which is getting deeper a person read a lot of information you will get. This kind of Adult Coloring Journal: Co-Dependents Anonymous (Safari Illustrations, Ladybug) without we realize teach the one who examining it become critical in thinking and analyzing. Don't become worry Adult Coloring Journal: Co-Dependents Anonymous (Safari Illustrations, Ladybug) can bring if you are and not make your case space or bookshelves' turn into full because you can have it within your lovely laptop even phone. This Adult Coloring Journal: Co-Dependents Anonymous (Safari Illustrations, Ladybug) having very good arrangement in word and layout, so you will not truly feel uninterested in reading.

Mia Shaw:

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