



# Diabetes: How I Got Off Insulin In 30 Days

*Jason L. McLaughlin*

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As a type 2 diabetic, are you tired of relying on insulin injections to get through your day? Do you wish you could eat your meals without worrying how it will affect your blood sugar levels? If you answered yes to either of these questions, *How I Got Off Insulin in 30 Days* is the book for you.

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