



## Guidelines for Transgender Care

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Get the tools to effectively meet the needs of transgender people in your community

Guidelines for Transgender Care is a one-of-a-kind guidebook for training practitioners to meet the healthcare and social services needs of transgender people in their community. Based on a collaboration between community-based health professionals in British Columbia and international experts in transgender health, these guidelines address both the transition-related needs of transsexuals and also the broader health issues of crossdressers, drag kings/queens, androgynous individuals, Two Spirit individuals, and people who are bi- or multi-gendered. This practical handbook is an essential resource for community-based family physicians, nurses, social workers, counselors, speech therapists, and other clinicians with an interest in transgender care.

Improving transgender individuals' access to health and social services takes not only awareness of and sensitivity to transgender health concerns but also clinical competency. Guidelines for Transgender Care explains a wide range of clinical issues practitioners need to consider when providing health and social services for transgender individuals, and suggests evidence-based best practice guidelines relating to primary medical care, mental health care, care of transgender adolescents, hormone therapy, sex reassignment surgery, speech/voice change, and social and medical advocacy. Frameworks for comprehensive training of community-based professionals is also discussed. Each chapter is extensively referenced.

Topics in Guidelines for Transgender Care discussed include:

- primary medical care
- counseling
- clinical management of gender dysphoria
- ethics, the law, and psychosocial issues
- endocrine therapy
- sex reassignment surgery (SRS)
- transgender speech feminization and masculinization
- case advocacy
- training community-based clinicians

Guidelines for Transgender Care is crucial, insightful information for health practitioners of all types, social workers, educators, and students.

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