



Living the Promises: Coming to Life on the Road to Recovery

Jenifer Madson

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Living the Promises is a personal, warm 365 reader includes quotes and exhortations, celebrations and lists of gratitude's, and all manner of real-life inspirations. Each month begins with a promise and each day explores that promise.

Jenifer Madson shares her ongoing story of recovery: what it was like, what happened, and what it is like now, not with "drunkalogues," but with stories and sayings and strategies that will help you or someone you know get sober, stay sober, and live a life of joy.

Living the Promises is the first meditation book to be based specifically on the 12 promises of the Big Book of Alcoholics Anonymous, and is the perfect daily guide for anyone in recovery seeking peace and healing. Among those promises are:

"We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. Our whole attitude and outlook upon life will change."--From *The Promises, Alcoholics Anonymous: The Story of How Many Thousands of Men and Women Have Recovered from Alcoholism*, 3rd ed.

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From reader reviews:

Tasha Page:

Do you have favorite book? When you have, what is your favorite's book? E-book is very important thing for us to be aware of everything in the world. Each reserve has different aim or maybe goal; it means that book has different type. Some people feel enjoy to spend their time and energy to read a book. They can be reading whatever they have because their hobby is definitely reading a book. Think about the person who don't like reading a book? Sometime, person feel need book if they found difficult problem or even exercise. Well, probably you should have this Living the Promises: Coming to Life on the Road to Recovery.

Shannon Thompson:

Playing with family in a park, coming to see the water world or hanging out with buddies is thing that usually you might have done when you have spare time, after that why you don't try factor that really opposite from that. Just one activity that make you not experience tired but still relaxing, trilling like on roller coaster you are ride on and with addition of information. Even you love Living the Promises: Coming to Life on the Road to Recovery, you may enjoy both. It is fine combination right, you still desire to miss it? What kind of hang-out type is it? Oh can happen its mind hangout guys. What? Still don't get it, oh come on its called reading friends.

Valerie Herrera:

Living the Promises: Coming to Life on the Road to Recovery can be one of your basic books that are good idea. Most of us recommend that straight away because this book has good vocabulary that may increase your knowledge in terminology, easy to understand, bit entertaining but nonetheless delivering the information. The copy writer giving his/her effort to get every word into enjoyment arrangement in writing Living the Promises: Coming to Life on the Road to Recovery however doesn't forget the main position, giving the reader the hottest in addition to based confirm resource data that maybe you can be certainly one of it. This great information can certainly drawn you into new stage of crucial considering.

Carl Johnson:

The book untitled Living the Promises: Coming to Life on the Road to Recovery contain a lot of information on the item. The writer explains her idea with easy method. The language is very clear to see all the people, so do not really worry, you can easy to read this. The book was written by famous author. The author will bring you in the new period of time of literary works. It is possible to read this book because you can continue reading your smart phone, or program, so you can read the book within anywhere and anytime. In a situation you wish to purchase the e-book, you can wide open their official web-site and also order it. Have a nice examine.

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