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The Tao of Tango

Johanna Siegmann



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The Tao of Tango

Johanna Siegmann

The Tao of Tango Johanna Siegmann I'm meeting all the wrong people. Nobody listens to me. My temper is out of control. Men find me "intimidating". Women think I'm a "wuss". I can't seem to finish anything. How can I be a better friend/lover/boss/whatever? My male/female energies are out of balance. What the heck are male and female energies? And what does Tango have to do with any of this?

With its thoughtful, light-hearted insights and simple physical exercises this book will help you achieve the coveted "balance" that affects every aspect of your life. Discover how this 100-year-old dance can lead you to a more balanced life.

Even if you can't dance.

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