



A Manic Marriage

Nina Mensing

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Having lived with someone suffering from Bipolar Mood Disorder for over twenty years, Nina is better qualified than most to speak about the affect this condition has on relationships. From caring for her partner whilst he was suicidal with depression to visiting him in a state mental asylum after he was committed during a manic episode, she's seen first hand the ups and downs of bipolar. This story is a journal account of her tumultuous relationship in amongst worldwide travel and finally marriage. Juggling motherhood, a career in journalism and photography, and a partner who refused treatment, she has been left with some battle scars. However, she has persevered and through her book, support groups, and community workshops on Bipolar Awareness her knowledge is now helping fellow supporters conquer and befriend this monster she calls Bipolar.

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