



# **The Humpty Dumpty Syndrome: Lift Yourself from Back Pain without Drugs or Surgery**

*Harry S Oxenhandler M.D.*

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A well-illustrated, detailed book written for chronic back pain sufferers and health professionals on the diagnosis, treatment, and prevention of a very commonly misdiagnosed cause of chronic low back pain. Two-thirds of all people with chronic low back pain have this condition but neither patient nor health professional knows that it is present.

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