



Bipolar and Me: The Diagnosis, the Treatment, and the Experience

Curtis B. Ford Jr.

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Bipolar and Me discusses the meaning or definition of Bipolar Disorder, according to the research I have done. I have dedicated this information to the first part of my book. The majority of this book talks about my experiences growing up with Bipolar Disorder. I speak about the people that were involved in my personal life. By all means, don't think that bipolar patients are "loony" or "nutty as a fruitcake." Bipolar takes a great effect on the body itself. There are different stages of bipolar, therefore, various types of medications have to be distributed to patients. Irregular medication intake and alcohol abuse can effect major changes in the body's metabolism and may cause your mind to be thrown off track. It may appear that you are a little disoriented. The medication affects your mode of thinking or your judgement. In my case, I pretty much stayed in some type of stupor. I hope that this book will touch Bipolar patients all over the world. Always remember GOD HAS NOT FORGOTTEN!



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Flora Godfrey:

Spent a free time and energy to be fun activity to try and do! A lot of people spent their free time with their family, or their friends. Usually they undertaking activity like watching television, going to beach, or picnic inside park. They actually doing ditto every week. Do you feel it? Do you want to something different to fill your current free time/ holiday? Can be reading a book is usually option to fill your free of charge time/ holiday. The first thing you will ask may be what kinds of reserve that you should read. If you want to test look for book, may be the guide untitled Bipolar and Me: The Diagnosis, the Treatment, and the Experience can be very good book to read. May be it is usually best activity to you.

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