



The Ups and Downs of Raising a Bipolar Child: A Survival Guide for Parents

Judith Lederman, Candida Fink

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Bipolar disorder has recently been identified as one of the most misunderstood and underdiagnosed conditions affecting children -- and it is dramatically on the rise. *The Ups and Downs of Raising a Bipolar Child* gives parents the sound advice and expert information they need to cope with this challenging diagnosis, and shows how to provide essential care and support for a bipolar child as well as for the rest of the family.

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