



Creative Mindfulness: A Forest of Tranquility: On-the-Go Adult Coloring Books

Racehorse Publishing

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The stress of being constantly on the move makes it difficult to find time to unleash your creative energy.

Adult coloring provides an artistic outlet, but it's often restricted to spreading out on an oversized page.

Creative Mindfulness: A Forest of Tranquility provides travel-sized artwork to help you de-stress anywhere.

Explore a variety of inspiring animal and floral designs to color at home or in-transit.

Twenty-four black-and-white illustrations, perforated so that each can be removed to share or display, await your ingenuity. The designs have been created specifically to help you see the forest for the trees! Each page is on a sturdy art stock and fits any coloring medium whether your preference is markers, crayons, colored pencils, or pens. These comforting designs will help you relax and rejuvenate and then share your finished art. Whether you are an artist looking to improve your craft, seek a way to find calmness, or want to give someone the gift of coloring, this pocket-sized book is a must-have guaranteed to bring hours of artistic fun.

In summary, the features of this book include:

Twenty-four original black-and-white designs for your coloring pleasure on single-sided perforated pages

High-quality, sturdy paper that can withstand travel and wear-and-tear

Perfectly sized for pockets and bags

If you need to book an excursion to peacefulness but are always on the go, this book is a must-have, guaranteed to provide hours of creative relaxation. Get comfortable, and start coloring your vision for these unique designs!

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