



# Coping with Alopecia

*Nigel Hunt, Sue McHale*

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## **Coping with Alopecia** Nigel Hunt, Sue McHale

Alopecia is a medical disorder where people lose their hair. Causes can be both physical (physical trauma, childbirth or chemotherapy) or psychological (a traumatic event). It can be either temporary or permanent. At least 1% of the population suffers from serious alopecia at some point in their lives, and the effects on people's lives can be traumatic. This book is designed to help people suffering from alopecia with medical information and practical help.

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