



# A Cook's Journey to Japan: 100 Homestyle Recipes from Japanese Kitchens

*Sarah Marx Feldner*

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**A Cook's Journey to Japan: 100 Homestyle Recipes from Japanese Kitchens Sarah Marx Feldner**  
**Cook delicious and authentic Japanese meals in the comfort of your own home with this easy-to-use homestyle Japanese cookbook!**

At twenty-eight years of age, Sarah Marx Feldner quit her job, sold her house, and moved to Japan to pursue her passion for Japanese food and cooking. *A Cook's Journey to Japan* is the result of her adventures traveling throughout Japan, sampling home-cooked meals and collecting recipes from Japanese friends and avid cooks she met along the way. *A Cook's Journey to Japan* is a totally unique Japanese cookbook that tells the story of the everyday dishes that Japanese people eat at home—including many popular standards such as:

- Salmon Teriyaki
- Tonkatsu
- Chicken Yakitori
- Sushi Hand Rolls
- Miso Soup with Baby Clams
- Yaki Udon (Stir-Fried Noodles)

The difference is that these homestyle dishes are ones you will never see in any other cookbook. And as we know, foods prepared at home by experienced cooks are far more tasty—and also more healthy—than the restaurant versions found in most Japanese cooking books.

Sarah's fascinating stories about her travels, and her heartfelt and sometimes humorous insights about the people she met who shared their recipes and kitchens with her, will entice you to take up your knife and cutting board to begin your own journey through the kitchens of Japan. Her detailed menu suggestions, clear instructions and reassuring tone make it incredibly easy to prepare delicious Japanese cuisine in your own kitchen at home just the way the Japanese do.

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