

Copd-Emphysema (Quick Study Health)

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Chronic Obstructive Pulmonary Disease. "Need-to-know" information focusing on emphysema so you can take action for yourself or a loved one. 4-page guide covers: • what COPD is • 3 diseases of COPD • function of the lungs • diagnosis • symptoms • managing COPD • more about the 3 diseases • medications • nutrition • surgery • rest • exercise • a positive attitude • home oxygen therapy • if you're still smoking • air travel tips • resources

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