



Full of Heart: My Story of Survival, Strength, and Spirit

J R Martinez

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In 2003 nineteenyearold Private JR Martinez was on a routine patrol when the Humvee he was driving hit an antitank mine in Iraq resulting in severe injuries and burns on his face and more than onethird of his body Seeing his disfigured face for the first time after the accident threw him into a crushing period of confusion and anger His spirits were low but when he was asked to speak to another young burn victim JR realized how valuable and gratifying it was to share his experiences with other patients and listen to theirs He'd found a calling In IFull of HeartI Martinez shares his story in intimate detail from his upbringing in the American South and his time in the Army to his recovery and the indomitable spirit that has made him an inspiration to countless fans His resilience optimism and charm were also noted by Hollywood and scored him roles on "All My Children" and "Dancing with the Stars" IFull of HeartI is an unforgettable story of a man who never

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