



Feminine Authority: 9 Leadership Skills to Discover Yourself, Manage Stress and Increase Success for Women at Work

Angela R. McCullough

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Increase Your Success

Are you an inspiring female leader or a female leader that wants to move ahead and you don't know how? Do you feel stuck, stressed, overwhelmed, and disappointed? Have you tried leadership development programs, completed additional education or sought help from your manager and still no success? **Then this book is for you.**

This book features established strategies and exercises to help you improve your leadership skills. It highlights the importance of knowing yourself and the way in which others view you, as foundations for successfully leading others.

The goal of this book is simple: to develop leadership skills, uncover your true self, and remove internal barriers so that you can experience greater success as a leader in male-dominated workplaces.

You will learn:

The 3 Ps of success

5 steps to increase your emotional intelligence (EI)

Communication using your authentic voice

Ways to reduce fear and increase self confidence

Stress management exercises

3 ways to increase influence

2 Techniques of time management


How to improve your hidden strengths

Why the four pillars of spirituality are the backbone of leadership

How socializing increases communication and rapport with others

My name is Angela McCullough and I am the author of this book. This book is based on my experience as a senior leader in a government agency and as a leadership strategist and life coach for women. I am the developer of Confident LeadHer program designed to help women experience greater leadership success.

According to Catalyst, a non-profit organization dedicated to a more inclusive workforce that includes women, organizations that include women in leadership roles have better performance outcomes.

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