



A Sponsorship Guide for 12-Step Programs

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A Sponsorship Guide for 12-Step Programs offers the reader far-ranging suggestions, based on concrete experience, for the most common issues and dilemma that arise when one agrees to become a sponsor in any 12-step program. Seventeen sponsors (with collective recovery time of over 250 years) share their experience and insights as they describe common situations sponsors face and relate the solutions they used. This is the first book of its kind--for sponsors, by sponsors.

Dived into three main sections--"Sponsorship Basics," "Working the Steps with a Sponsee," and "Common issues that Come Up"--this book will be of use to anyone who has agreed to be a sponsor, or anyone who does not have access to a sponsor.

A Sponsorship Guide is like having a sponsor in a book.

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