



The Mash and Smash Cookbook: Fun and Yummy Recipes Every Kid Can Make!

Marian Buck-Murray

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Kid-tested and approved, every healthy recipe in this book shows you how you can roll up your sleeves and have a blast smashing, mashing, squishing, squeezing, and shaking your way to power-packed breakfasts, luscious lunches, lip-smacking snacks, and delicious dinners. With over 50 fun, nutritious, and kid-safe recipes, The Mash and Smash Cookbook is filled with tasty treats that will tempt every kid's appetite.

Each chapter includes lists of ingredients and tools, easy recipe steps, cooking tips, illustrations, and fascinating facts. Here's one kid's cookbook that's absolutely smashing!

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