



Unresolved Issues

Patrick Brooks

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Unresolved Issues is a riveting novel by Patrick L. Brooks that examines how life's decisions and choices are not arbitrary but are the result of deep-seated emotional pain and trauma that often go unaddressed and untreated. We all have varying degrees of dysfunction. However, it's how we choose to cope with our shortcomings that can dog our steps and contaminate our choices. In this gripping novel, the author examines how many of our decisions are the reasons for our problems despite the fact that we exert more energy to place the blame elsewhere. How we choose to confront life's daily stressors and challenges particularly in our personal and intimate relationships can set us adrift on a turbulent sea of raw emotions. Though it is easier to accentuate our positives and strengths, doing so at the expense of ignoring our inadequacies can cause us to make catastrophic choices that leave in their wake a host of Unresolved Issues.



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