



Diary of a Bipolar: A 9-year, non fictional diary of a bipolar patient.

George Ison

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Diary of a Bipolar: A 9-year, non fictional diary of a bipolar patient. George Ison

In 2001, George Ison was a young, well-educated, middle-class entrepreneur with a lovely girlfriend and a great life. But then, out of the blue, bipolar disorder hit. In honest, intimate, sometimes agonized diary entries over the course of several years, Ison charts the beginnings of his illness, from choosing doctors and med regimens through times when his close relationships foundered and family pulled away, and he was close to suicide.

Immensely relatable, Diary of a Bipolar is a fascinating read told from a male perspective. It will educate both those with the disease and their loved ones, as well as readers who are curious about what having bipolar disease is like - day in, day out.



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Exactly why? Because this Diary of a Bipolar: A 9-year, non fictional diary of a bipolar patient. is an unordinary book that the inside of the book waiting for you to snap it but latter it will shock you with the secret the idea inside. Reading this book alongside it was fantastic author who all write the book in such wonderful way makes the content inside easier to understand, entertaining way but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this any longer or you going to regret it. This amazing book will give you a lot of rewards than the other book include such as help improving your ability and your critical thinking approach. So , still want to hesitate having that book? If I were you I will go to the e-book store hurriedly.

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