



Moving As Two: A Guide For Ballroom Dancers Looking for Balance, Power, Freedom, and Harmony in Partnership

Susanna Hardt

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Moving as Two condenses much of the ballroom wisdom of the ages into a small easy to read book. Learn about: ?The three essential components to moving freely, powerfully, and in balance ?The three basic elements of awareness necessary to move harmoniously in partnership ?The three challenges that arise at each stage of learning and how to overcome them ?A detailed description of how to practice effectively “Simple and profound - for ballroom dancers of all levels”

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