



# **Beyond the Power of Now: A Guide to, and Beyond, Eckhart Tolle's Teachings**

*L. Ron Gardner*

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Eckhart Tolle is the most popular spiritual guru in the world. His books have topped the New York Times Bestseller List, and his core teaching --achievement of liberation via the power of Now -- has become the "guiding light" of the New Age movement.

But according to L. Ron Gardner, author of *Beyond the Power of Now*, Tolle never explains what, exactly, the power of Now is. Is it the same thing as Hindu Shakti or the Buddhist Sambhogakaya or the Christian Holy Spirit? Tolle doesn't say -- but Gardner does, and unlike Tolle, he explains exactly how to access and channel this Power, or Clear-Light Energy. Moreover, Gardner, an expert in Eastern spiritual philosophy, provides clear descriptions of the Enlightenment process, as opposed to Tolle's fuzzy ones.

To some, Eckhart Tolle is a New Age visionary, describing a "new earth" that can materialize if mankind, en masse, awakens to the power of Now. But according to Gardner, he is simply a histrionic ranter full of empty rhetoric. Throughout this book, Gardner continually points out, from different angles, the folly of Tolle's New (or Now) Age chimera, and describes the social system that represents mankind's sociopolitical salvation.

Beyond Tolle's power of Now teachings and "new earth" rhetoric, Gardner takes the Oprah-approved pop guru to task on virtually every subject he addresses. Most significantly, he rebuts the following Tolle arguments:

- 1) Emotions can be trusted more than thought.
- 2) The human mind is not created.
- 3) The human mind cannot recognize beauty.
- 4) Time is mind-created.
- 5) Psychological time is insanity.
- 6) The present moment is the Now.
- 7) The "inner body" is the direct link to the Now.
- 8) Your cells stop aging when you live in the Now.
- 9) Women are spiritually more evolved than men.
- 10) Animal such as cats and ducks are Zen masters.

In sum, Eckhart Tolle's teachings are replete with erroneous ideas, and L. Ron Gardner not only exposes the major flaws in his principal arguments, but provides integral spiritual teachings that exceed Tolle's in both breadth and depth.

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