



New Realities: Stopping Smoking (New Realities)

Stanley Walsh

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Stopping Smoking is part of the New Realities/Awakening Series, a series of creative visualizations which have been assisting individuals to transform their lives for over ten years. This program instructs the unconscious mind to create resolution and directs the subconscious mind to release thoughts, beliefs and unwanted behaviors that hinder you from realizing yourself as a non-smoker.

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