



Why You Still Need to Forgive Your Parents and How To Do It With Ease and Grace

Colin Tipping, Ana Holub, Megan O'Connor

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A remarkable book that offers amazing insights into how our unresolved issues with our parents can dramatically effect our happiness and our success in our adult lives. It gives very practical advice on how to easily dissolve the blocks using Radical Forgiveness and several co-authors share their experiences as example. This book is best read just before visiting family at Thanksgiving! But even if your parents are dead, it still offers a way to come to peace with your parents.

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